

## BLS BASIC LIFE SUPPORT



### Course Highlight

The Basic Life Support course will help healthcare professionals improve their capabilities in administering high quality CPR and chest compression fraction, ensuring safe and quality practices.

### Intended Audience

This course is suitable for all healthcare professionals who want to enhance their present skill set. It is particularly beneficial to attend with a colleague to maximise the practical learning.

### Course Details

Duration: 6.5 Hours

CPD Hr s: 3.5 Credit P oints

Venue: GMCClinics Training Centre  
1st Floor, Magrudy's Centre  
Jumeirah Road (Jumeirah 1)

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### Content

- General Concepts
  - ✓ High quality CPR
  - ✓ Differentiate cardiac arrest from heart attack
- BLS for Adults
  - ✓ Adult cardiac arrest algorithm
  - ✓ Adult chest compressions
- AED for Adults/Children 8 years & Older
- Team Dynamics
  - ✓ What and how to communicate
- BLS for Infants and Children
  - ✓ Pediatric Cardiac Arrest Algorithm for single and multiple rescuer
- AED for Infants & children below 8 years
- Ventilation Technique
  - ✓ CPR and breaths with an advanced airway
- Opioid Associated Life Threatening Emergencies
  - ✓ Opioid-associated life-threatening emergency (adult) sequence
- Choking Relief for Adults, Children & Infants
  - ✓ Choking for responsive adult/child
  - ✓ Choking for unresponsive adult/child

### Off-site Training

This course is also available off-site and can be tailored to your specific needs. Our experts come to you, saving you valuable time and money.