**GMCClinics** 

Caring About Health

HEARTSAVER FIRST AID CPR AED



### **Couse Highlight**

The Heartsaver® First Aid CPR AED course teaches individuals critical skills to respond to a first aid situation such as choking or sudden cardiac arrest emergencies until professional medical services arrive. This course also teaches CPR and AED use. Infant and child modules are optional.

#### **Intended Audience**

This course is suitable for anybody who wants to develop or refresh first aid skills to manage emergency situations.

## Course Details

Duration: 6.5 Hrs

Venue: GMCClinics Training Centre

1st Floor, Magrudy's Centre Jumeirah Road (Jumeirah 1)

Phone: 04 349 0544

Email: training@groupgmc.com Website: www.gmcclinics.com

#### Content

- Common medical emergencies:
  - ✓ Breathing problems
  - Chest pain and suspected heart attack
  - ✓ Fainting
  - ✓ Diabetes
  - ✓ Stroke
  - √ Seizures
- Injury-related emergencies:
  - ✓ External Bleeding
  - ✓ Mouth and tooth injuries
  - √ Shock
  - ✓ Internal Bleeding
  - ✓ Broken bones, sprains and bruises
  - ✓ Burns and electrocution
- Environmental emergencies:
  - ✓ Bites and stings
  - ✓ Temperature-related emergencies
  - ✓ Poison emergencies
- Choking
- CPR and AED use

# **Off-site Training**

This course is also available off-site and can be tailored to your specific needs. Our experts come to you, saving you valuable time and money.