

HEARTSAVER FIRST AID



Couse Highlight

The Heartsaver® First Aid course teaches students critical skills to respond and manage an emergency situation until professional medical services arrive. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies.

Intended Audience

This course is suitable for anybody who wants to develop or refresh first aid skills to manage emergency situations.

Course Details

Duration: 3.5 Hrs

Venue: GMCClinics Training Centre
1st Floor, Magrudy's Centre
Jumeirah Road (Jumeirah 1)

Phone: 04 349 0544

Email: training@groupgmc.com

Website: www.gmcclinics.com

Content

- Common medical emergencies:
 - ✓ Breathing problems
 - ✓ Chest pain and suspected heart attack
 - ✓ Fainting
 - ✓ Diabetes
 - ✓ Stroke
 - ✓ Seizures
- Injury-related emergencies:
 - ✓ External Bleeding
 - ✓ Mouth and tooth injuries
 - ✓ Shock
 - ✓ Internal Bleeding
 - ✓ Broken bones, sprains and bruises
 - ✓ Burns and electrocution
- Environmental emergencies:
 - ✓ Bites and stings
 - ✓ Temperature-related emergencies
 - ✓ Poison emergencies

Off-site Training

This course is also available off-site and can be tailored to your specific needs. Our experts come to you, saving you valuable time and money.